

# COMMITTEE ON RURAL & REGIONAL PRACTICE

## RURAL AND REGIONAL CLINICAL SKILLS PROGRAM

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### PARAMETERS

#### DESCRIPTION

The Rural and Regional Clinical Skills Program is an incentive to provide the opportunity for medical students and family medicine residents to work for a weekend on call, alongside a rural or regional physician (preferably a family physician) who provides both in-patient and emergency coverage. In this way medical learners enhance their clinical skills and are introduced to rural medicine in a positive way.

Medical learners who are participating in the Roadmap Passport contest can obtain two stamps on their passport when visiting a community through this program.

With prior approval from the hosting physician, learners may shadow in pairs for this program.

#### ELIGIBILITY

Medical students and family medicine residents enrolled at the University of Saskatchewan in any year of their training are eligible to participate.

Participants cannot use a current rural rotation they are assigned to for this program.

Participation must not interfere with assigned clinical duties, or violate the current policy on work hours. Participation at a site must also not interfere with learners doing core clinical rotations at that location.

Participants are urged to exercise caution when travelling to and from the selected community, and consider weather conditions, other potential hazards (such as wildlife), and level of fatigue before embarking to or from a chosen site.

Policy on work hours (Clerkship):

<https://medicine.usask.ca/policies/clerkship-work-hours-and-call-policy.php>

Policy on Shadowing (Pre-Clerkship & Clerkship):

<https://medicine.usask.ca/policies/shadowing-policy.php>

## FUNDING

Participants will receive \$200 for each experience. This funding is meant to cover the incidental expenses such as meals and/or accommodations the participant incurs. Expenses anticipated in excess of the \$200 funding may be considered. These must be submitted for pre-approval to [Delilah.dueck@sma.sk.ca](mailto:Delilah.dueck@sma.sk.ca) prior to your experience.

Participants will also receive a travel stipend based on the distance travelled between the participant's training site and the community they are visiting.

Travel Stipend	Distance from Training Site
\$50	Up to 100 km of travel
\$100	101 km to 200 km of travel
\$150	201 km + of travel

The attached application form must be submitted in order to receive funding.

## REPORTING

The medical learner is expected to provide a brief report of their experience, attached to the application form. This report should include an assessment of the learner's perception of the opportunities and barriers found in rural practice. The report should also include suggestions for overcoming these barriers and improving the acceptability of rural practice.

## PRECEPTORS/COMMUNITIES

Medical learners are encouraged to develop their own clinical opportunities. Only clinical opportunities within the province of Saskatchewan are considered eligible for this program.

## ELIGIBLE COMMUNITIES

Eligible communities would not include the 'bedroom communities' as listed in appendix A, but would otherwise include any rural or regional facility with both ER and in patient on call responsibilities.

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**APPLICATION**

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Training Site \_\_\_\_\_

Date of Experience \_\_\_\_\_

On Call Hours \_\_\_\_\_

Community Visited \_\_\_\_\_

Physician Name \_\_\_\_\_

Physician Signature \_\_\_\_\_

Have you attached your report of the experience?  Yes  No

Signature \_\_\_\_\_

Date \_\_\_\_\_

Return to: Committee on Rural & Regional Practice  
c/o Delilah Dueck  
201 – 2174 Airport Drive  
Saskatoon, SK S7L 6M6  
Fax: 306-653-1631  
[Delilah.dueck@sma.sk.ca](mailto:Delilah.dueck@sma.sk.ca)



**SASKATCHEWAN**  
MEDICAL ASSOCIATION

## APPENDIX A

**Rural** is defined as those communities in which there are approximately 10,000 people or less<sup>1</sup>.

**Regional** is defined as those communities which have populations greater than 10,000 people, excluding Saskatoon and Regina. Therefore, regional communities include:

Lloydminster	Prince Albert
Moose Jaw	Swift Current
North Battleford	Yorkton

The following “bedroom” communities are excluded from both definitions because of their close proximity to Saskatoon and Regina:

Balgonie	Martensville
Clavet	Pilot Butte
Dalmeny	Pense
Delisle	Warman
Langham	White City
Lumsden	

<sup>1</sup> The communities of Estevan and Weyburn are categorized as rural due to their fluctuating populations around the 10,000 mark.